

**Ableism:** (noun)  
the discrimination and social prejudice against people with disabilities based on the belief that typical abilities are superior.

Ableism isn't always physical, verbal, emotional, or sexual abuse.



It can also be condescending,



admiring,



jealousy,

or objectifying.

Why does he get to sit down?



One second, let me just move this thing...



Ableist actions are sometimes performed in exchange for praise.



Family members of disabled people can also hold ableist ideals without realizing it.

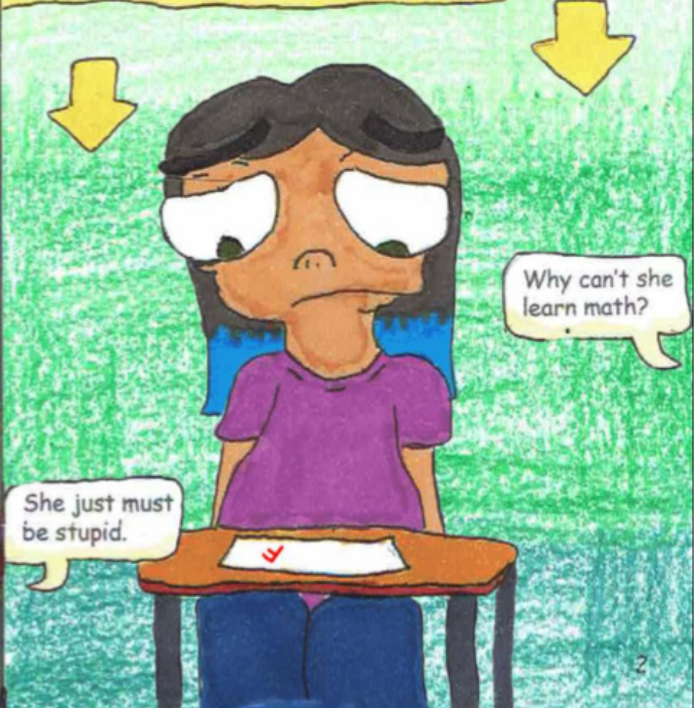
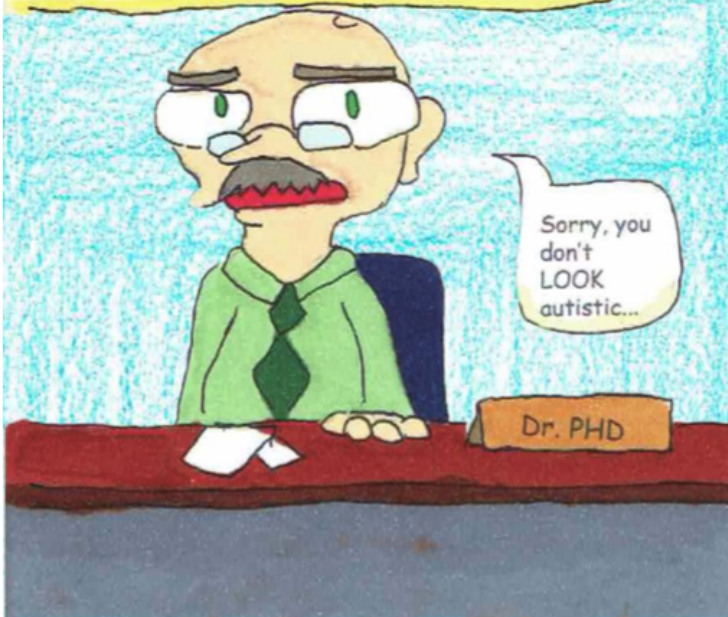


Because of ableist policies, disabled children are often set up to fail.



Since children cannot advocate for themselves, these policies make a lasting effect on disabled generations.

To make things harder, without a diagnosis, disabled children are prevented from getting the few resources they are provided.





Inspiration porn is the most common kind of media featuring disabled kids.



DEAF CHILD HEARS FOR FIRST TIME!!!



It reinforces the idea to disabled children that they are only "good" if they are useful to abled peers.

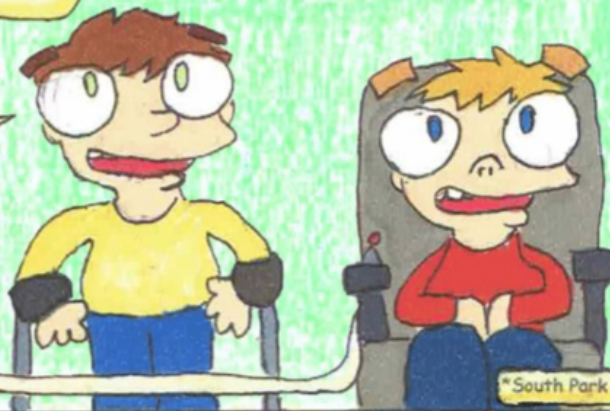


Just like me... Maybe if I could hear, people would like me...

A way to combat the development of internalized ableism is representation in media.

I can do everything my friends do and more! My disability doesn't hold me back, it adds to my life experience!

Timmy!! (My friends love me even if I don't communicate in the same way as them!)

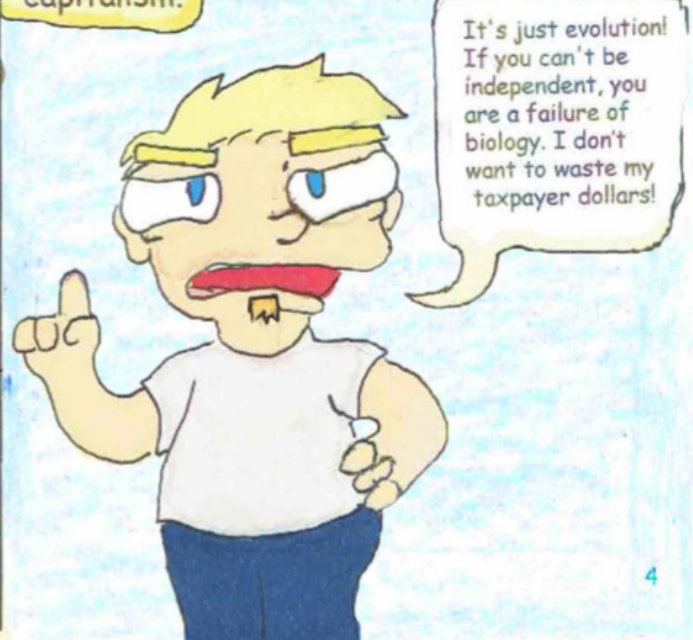
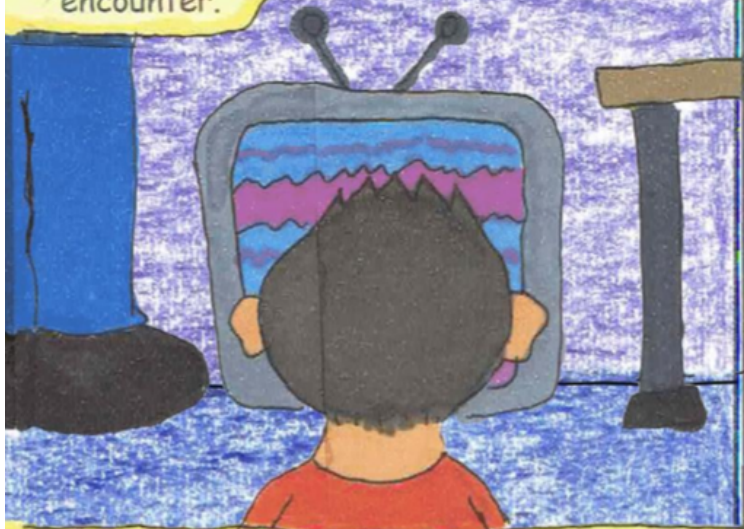


**Internalized Ableism:**  
(noun)

When disabled people internalize the ideas that see disability as 'other' or 'wrong.'

Children's worldviews are directly built by the media, education, and authority they encounter.

This treatment of disabled people is traced back to the "survival of the fittest" idea of capitalism.



It's just evolution! If you can't be independent, you are a failure of biology. I don't want to waste my taxpayer dollars!

No one is born with prejudices, it is taught through example.

